



A. Ari Albala, M.D., D.L.F.A.P.A.

Current Positions

Clinical Professor of Psychiatry

University of California San Diego School of Medicine (UCSD).

Associate Medical Director

Aurora Behavioral Health San Diego

Education

Dual M.D. degrees: University of Tel-Aviv, Israel and University of Chile.

Residency and Research Fellowship: University of Michigan, Ann Arbor, Michigan.

Other Academic Appointments

Assistant Professor (Past)

Adjunct Professor (Past)

Adjunct Professor (Past)

Department of Psychiatry, University of Michigan Medical Center

School of Education, University of San Diego

Sharp Family Medicine Residency Training Program, San Diego, California

Specialty Certification

Board Certified in General Psychiatry

Board Certified in Geriatric Psychiatry

Honors/Awards

Distinguished Life Fellow-American Psychiatric Association

Teaching Excellence Award-Department of Psychiatry, UCSD - 2001

Education Award-San Diego Psychiatric Society - 2006

Listed in "Top Doctors in San Diego" (San Diego Medical Society- listed for 12 years, including 2015-2016) as selected by survey of own peers).

Listed in "Best Doctors in America®" 2003-2004, 2007-2008, 2009-2010, 2011-2012, 2013, 2015-2016."

President, San Diego Psychiatric Society 2004-2005

"Augusto Orrego Luco" Medal-Chilean Society of Neurology, Psychiatry, and Neurosurgery (Sonepsyn) - 2015

Publications and Presentations

Dr. Albala has published more than 30 articles and book chapters in areas of psychopharmacology, clinical psychoneuroendocrinology, and diagnosis and treatment of mood disorders. He is a co-author of the book **"The Therapist's Guide to Psychopharmacology – Working with Patients, Families, and Physicians to Optimize Care."** (Guilford Press, Sept. 2006; Revised Edition Jan. 2010 - www.guilford.com)

He has given over 500 clinical and research presentations and lectures, both in the United States and abroad, on various topics in clinical psychiatry, including depression, bipolar disorder, anxiety disorders, dementia, clinical psychopharmacology, Hispanic cultural competence, and history of psychiatry topics.

Dr. Albala was active for many years in clinical CNS drug research and has been involved in over 30 clinical drug trials for the development of new medications for depression, anxiety, bipolar disorder, schizophrenia, dementia, and other psychotropic agents. Dr. Albala is fluent in English, Spanish, and Hebrew. He can fight for his life in Italian, Portuguese, and French.

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